



Hughes Syndrome
FOUNDATION
for people with antiphospholipid antibodies

GRAND AUCTION OF PROMISES IN AID OF HUGHES SYNDROME

At
The Rumburgh Buck
Mill Road
Halesworth
IP19 0NT

On Friday 9th September 2016
At 8.00pm

Auctioneer: Nicholas Rudge of Durrants

Organised by Kate and Gary Cornthwaite



**Note: Auction will take place in Rumburgh Village
Hall adjacent to the pub car park.
Hall open from 7pm.**

PREFACE

Hughes Syndrome

What is it you ask?

It is an auto-immune condition in which there is an increasing tendency for blood to clot too quickly in both veins and arteries.

The clotting can affect any organ in the body and the consequences can include potentially fatal conditions such as heart attacks, strokes and D.V.T. In pregnancy the clotting can cause infertility, recurrent miscarriage, pre-eclampsia and still birth. The current estimate is that one in a hundred people suffer from the condition, it is responsible for one in five strokes and heart attacks in people under 50 and is recognised as one of the most common treatable form of miscarriage.

The disease affects all ages and is three and a half times more likely in women than in men.

The good news is that it is treatable and funds raised tonight through the auction raffle and donations will help provide funds for information, support, research and education.

Lot	Promise	Donated By
1	A batch of one dozen sausage rolls (puff or short crust pastry) once a month for three months	Kate Cornthwaite
2	2 x one hour tennis lessons with Mark Websdale, Pakefield	Mark Websdale
3	8 x Ne'Qwa Art Christmas baubles, original designs by Kate	Kate Mawdsley
4	A pair of unisex Rayban sunglasses	Cecil Amey
5	Three hours fly fishing tuition	Paul Crosbie
6	A voucher for a 4kg (approx) joint of ham. This can be supplied cooked or raw, valid until Dec 31st 2016	C.A Palmer and Sons
7	A days pigeon shooting, all equipment supplied	Graham Cox
8	A bottle of Chateau Leoville Barton 2008	Herne Hill Farm
9	A Makita 18v cordless drill	Karl Lugo Carpentry and Joinery services
10	A meal for four delivered to your door (within 5 miles of Rumburgh)	Ruth and Chris Harrison
11	A voucher that entitles the winning bidder to a 15kg bag of any product from Skinners complete range	Skinners
12	A lady's pamper hamper	Diane Rudge
13	An ultimate vitamin glow Decleor facial	Beauty at Gingerbread (Harleston)
14	An authentic home cooked Indian meal for up to eight people, cooked in your own home	Darryl Jones
15	A bottle of Chateau Leoville Barton 2008	Herne Hill Farm
16	A chocoholics hamper	Joy Baldwin
17	A gardening hamper	John and Susan Riseborough
18	A take a break hamper	Joy Baldwin
19	A Black and Decker 18v cordless drill	Wates Construction
20	A Winnie the Pooh and friends cross stitch	Melanie King
21	One day's hire of a mini digger (8 hours) or ½ a day (4 hours) hire with operator, delivered within 10 miles of Rumburgh (1.9 ton digger with assorted buckets, will fit through a 1 metre gap)	Stuart Naunton
22	30 minutes of reflexology with Kay Mitchell in Halesworth Reflexology is an ancient natural therapy that deals with the principle that there are reflex areas on the hands and feet that correspond to all the glands, organs and parts of the body. Reflexology is the method of using the thumb and fingers on these reflex areas. Reflexology is a holistic therapy - it is believed that it could treat the whole person (mind, body and soul)	Willow Therapies
23	A ½ days walk for up to four people around Minsmere nature reserve with an RSPB guide	John Garbutt

24	A pillion ride on a Harley Davidson Road King with an experienced, fully insured and IAM qualified rider. (Will need to provide own motor cycle kit e.g Helmet, gloves and decent footwear)	Ian Byrne
25	Fifty conventional bales of hay, free delivery within 10 miles of Rumburgh	Chris Maskery
26	Fen Farm Dairy - A 1kg round of Baron Bigod Brie. This Brie is a creamy, white bloomy-rind cheese handmade on the farm in Flixton from their own raw Montbeliarde cows milk. It has a smooth silky texture and a golden curd, with long lasting warm earth, farmyard and mushroom flavours	Fen Farm Dairy
27	One 5-6kg Free range bronze turkey for collection from Rumburgh farm for Christmas 2016	Rumburgh Farm
28	A service of a Rotary mower	Linstead Garden Machinery
29	A relaxing back and shoulders massage by a qualified massage therapist in Cratfield or maybe your own home by arrangement	Marion Gaze
30	A men's Globenfeld watch. This fabulous Globenfeld sports watch comes with a jet black dial and is framed with a contrasting Tachymeter. The arrow hands and three function dials are all contained in a stylish shark grey colour metal with matching bracelet. Water resistant to 30m, 12/24 time format, day, date and month feature, alarm, stopwatch, back light function for night vision	Trevor Ling
31	One dozen decorated cupcakes	Sarah Springhall (Topped with Sprinkles)
32	A two night camping trip at Green Haven Holidays, Rumburgh. Enjoy camping on one of their pitches, bring your own tent, caravan or motorhome, for up to 5 people. Valid until end Sept 2017	Green Haven Holidays
33	A 1kg round of Baron Bigod Brie. This Brie is a creamy, white bloomy-rind cheese handmade on the farm in Flixton from their own raw Montbeliarde cows milk. It has a smooth silky texture and a golden curd, with long lasting warm earth, farmyard and mushroom flavours	Fen Farm Dairy
34	A Sunday roast lunch and dessert, including a bottle of house wine, for four people at The Huntsman and Hounds, Spexhall	David Maskery
35	A guided tour for up to ten people of the Waveney Mushroom Farm in Flixton, see from compost making through the whole growing process until the mushrooms are picked	David and Julie Mann
36	A 6' x 8' shed, supplied and delivered	Jordan Fencing
37	A green fee voucher entitling two players to play on the Valley course.	Halesworth Golf Club

38	A days labour (8 hours) on a Saturday , e.g painting and decorating, cleaning gutters, cleaning patios, fixing fences and other handyman jobs can be discussed. (Not open to bids from builders/building firms)	Mark Manning
39	A batch of one dozen scones once a month for three months	Diana Pallant
40	Two hours ironing once a week for two weeks	Sandra Hatley
41	A visit for up to four people to a private tour of the Crompton Military collection including lunch with Bruce Crompton, star of the Quest TV show Combat Dealers	Bruce Crompton
42	Carpenter/handyman for one days labour (8 hours max, not open to bids from builders/building firms.)	Tich Beales
43	A pint of Barrell and Sellers beer every day for one month at The Rumburgh Buck	Kate and Gary Cornthwaite
44	A case (6 bottles) of Adnams Burgundy	Richard And Nikki Edwards
45	A case (6 bottles) of Spanish Rioja	Richard And Nikki Edwards
46	A day's mini digger and dumper hire (8hours) complete with driver/operator.	Hardman Homes
47	One nights midweek stay including breakfast for two people at The Crown Hotel, Southwold	Adnams
48	A brewery tour for up to fifteen people at the Mauldons Brewery in Sudbury, with copious amounts of free ale and light nibbles, then travel a very short distance to their pub (The Brewery Tap) where you must purchase your own drinks but a home made cold spread and hot homemade soup will be waiting for you! (You must provide your own transport, either midweek arrive anytime 4.30-6.30, Saturday mornings could be available	Mauldons Brewery
49	A five night stay for your cat at Cratfield Cattery	Cratfield Cattery
50	Two original framed paintings depicting seaside scenes	Kate Mawdsley
51	The highest bidder will receive an hour's chauffeured limousine ride, it can be used as an hours trip or you could be taken to and from your destination of choice (must be within the one hour, or subject to extra charge on arrangement).	Joe London & Chevron Cars
52	A limited edition Jocelyn Galsworthy print entitled "The Waugh Twins at Lords" England v Australia 2001. No 147/350	Piet and Carole van Dijk
53	A homemade wooden planter, it will be planted and ready for collection from Rumburgh in spring 2017	Paul Baldwin
54	A bucket of gardening equipment	P.J. Lee
55	A mixed hamper containing a selection of handmade vases , candle holder, coin pendant, a natural 100% wool scarf dyed with cherry plum bark and iron, plants and a large potted plant	Foliar
56	An outdoor mains voltage, double lamp Titan wall light	Wood Electrical

57	A set of indoor halogen light fittings. (Contains a triple, double and single fitting)	Wood Electrical
58	Five hours GCSE/A Level math tuition.	Nick Williams
59	Fish and chips with a glass of wine or a pint of beer for two people at The Lord Nelson, Southwold	Day One Training
60	A homemade wooden planter, it will be planted and ready for collection from Rumburgh in spring 2017	Paul Baldwin
61	A visit for two people to the Southwold brewery with a tutored beer tasting session and a bottle of beer to take home	Adnams
62	A cricket bat, made with the willow grown by Edgar Watts LTD in the Waveney valley. (England cricketer Joe Root's bat sponsor New Balance uses the same willow!)	Three Willows Garden Centre
63	A brewery tour and beer tasting for up to four people at the Barrell And Sellers brewery in St. Cross. The highest bidder will also receive a firkin (72 pints) of beer for a private party / function. (The firkin must be pre-ordered as it will be brewed to order)	Martin Barrell and Amanda Sellers
64	One litre of homemade ice cream, flavour of your choice e.g Damson, Mango and Lime, Blackcurrant, mint and lime, lemon sorbet. Or any other seasonal flavours	Theresa Hardy
65	A 2016-17 signed Norwich City FC pennant	Norwich City Football Club
66	A 3 litre bottle of Chateau Lamartine Cahors 2005	Imperial Wine Company
67	A ½ days walk for up to four people around Minsmere nature reserve with an RSPB guide	John Garbutt
68	An Aqua Sana Two Together Spa day at Centre Parcs, Thetford, includes drinks on arrival, lunch a relaxing facial and a back, shoulders and neck massage	Neil and Toni Jarrold
69	A luxury Glamping experience for two adults, staying in a beautiful Bell Tent for one night at Bed Down Glamping, Ilketshall St. Margaret. Valid for a midweek stay between May and June 2017	Bed Down Glamping
70	Champagne, three day weekend for two at Oasis Barn, All Saints, South Elmham. The barn is furnished to a high standard and equipped with a fully fitted kitchen, ensuite bathroom, sumptuous bedding and underfloor heating, with access to a large games/function room, outside gardens and within walking distance of Rumburgh Buck. Valid until 31st March 2017	Oasis Barn Holidays
71	Rollo, aged 15 years, will make a cake eg Victoria sponge, chocolate, coffee and walnut once a month for six months, collection from Rectory Farm, Withersdale.	Rollo Carless
72	A five night summer retreat for up to five people in a luxury mountain apartment in Saalbach, Austria.	Ewan and Monica Saile
73	Timothy Garden Design will supply five fruit trees within a 10 mile radius of Rumburgh, with an hours advice on how and where to plant in November or December.	Tim Carless

74	One weeks stay in a fully equipped 300 year old village house in Lauzerte, France, for up to six people. Situated on the lower square next to a bar, it is well positioned to enjoy both French village life and the beautiful countryside. Only 1hr 20 from Bergerac airport or 1hr 40 from Toulouse. Wifi available, car needed	Jane Held and Emma Healey
75	Six 1940's & 50's jitterbug, jive and swing dance lessons for two people at either Chinny's sports club or Rumburgh Village Hall.	Nick Kirby
76	A builders bag (approx one tonne) of firewood.	Ben Loughrill
77	A pudding of your choice, variety and size to be determined, once a month for three months.	Judy Stannard
78	A lesson with P.G.A professional Andrew Collison.	Bungay Golf Club
79	A self catering Autumn weekend break for two at Mount Pleasant Farm Barn, Chediston. Friday to Sunday on any vacant weekend, valid until the end of November 2016.	David and Judi Fossett
80	A voucher to clean the windows of your home. Anywhere in the Halesworth, Wissett , Rumburgh , Spexhall or St. James area.	DM Windows
81	1 ½ Hour Class @ My Beautiful Studio in Sotterley near Beccles for 4 x People (time & date to be arranged at winning bidders convenience) & refreshments provided afterwards (Herbal teas).This will be Class which is Suitable for Beginners or Practicing Yogis.	Rachel Coleman

Acknowledgments

We greatly thank all those individuals and companies who have generously donated promises to the auction.

Conditions of Sale

- 1. Successful bidders must upon conclusion of the auction pay for their promise(s). Each will then be given a receipt containing information relevant to each promise. Cash or cheques only.**
- 2. The successful bidder is responsible for arranging a mutually convenient time for the promise to be fulfilled with the donor.**
- 3. Kate and Gary Cornthwaite accept no responsibility for the services carried out or the goods delivered.**
- 4. The organisers will be happy to execute commission bids on behalf of anyone unable to attend on the evening. Please complete the bidding slip and return to Kate and Gary Cornthwaite at the Rumburgh Buck by 6.00 p.m. on Friday 9th September.**

COMMISSION BID SLIP

Auction of Promises

**Friday 9th September at Rumburgh Buck, Mill Road,
Halesworth, IP19 0NT commencing 8.00pm**

Please execute the under mentioned bids on my behalf. I promise, if successful, to pay for the promises at the Rumburgh Buck

<u>Lot No.</u>	<u>Description</u>	<u>Maximum Bid</u>
.....	£.....
.....	£.....
.....	£.....
.....	£.....
.....	£.....
.....	£.....
.....	£.....
.....	£.....

Name:

Address:

.....

SIGNED:

Date:

Tel. No.